

1 **Ocular impression-taking - which material is best?**

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25

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27 **Abstract**

28 *Objectives:* To assess the efficacy and effect on clinical signs of a polyvinylsiloxane (Tresident™ (Shütz Dental  
29 Group GmbH, Germany) compared to an irreversible hydrocolloid (Orthoprint™, Zhermack SpA, Italy) for ocular  
30 impression taking.

31 *Methods:* Twenty subjects were recruited (13 female and 7 male), mean age 31.1±4.6 years [SD] (range 25.8 to  
32 39.7). Subjects attended for 2 sessions, each of 1 hr duration, on 2 separate days. Each session was scheduled at  
33 the same time on each day. At each visit the subject underwent an ocular impression procedure, using either  
34 Tresident or Orthoprint, in random order and to one eye only. Investigator 2 was blind to this assignment. Two  
35 experienced practitioners carried out the study, Investigator 1 performed the ocular impression procedures and  
36 Investigator 2 observed and assessed the clinical signs: logMAR visual acuity (VA), ocular surface staining, tear  
37 break-up time (TBUT), and ocular hyperaemia.

38 *Results:* VA was unaffected by either material; TBUT was marginally disrupted by both materials, but was not  
39 clinically significant according to published criteria; ocular redness increased with both materials; corneal staining  
40 was significantly greater after Orthoprint impression. Less redness and clinically insignificant staining following  
41 impression-taking, with fewer clinical complications, was found following use of Tresident.

42 *Conclusions:* Tresident offers a quicker, more effective and clinically viable method of obtaining ocular impression  
43 topography compared to the traditional Orthoprint; and Orthoprint causes significantly more superficial  
44 punctuate staining of the corneal epithelium than Tresident.

45

46 *Keywords:* ocular impression, ocular surface, ocular prosthetics, materials

47

48 The purpose of taking an impression of any surface is to mould the negative dimensions of the structure and  
49 make a model of the 'positive' physical properties, which then provides an accurate representation of the shape,  
50 parameters and spatial relationships. Ocular impression taking is used in scleral contact lens fitting and ocular  
51 prosthesis manufacturing. In both situations, an accurate representation of the existing ocular surface is critical  
52 for success<sup>1</sup>. For example, in scleral contact lens fitting, the eye impression produced enables the manufacture of  
53 the lens to match with the patient's ocular surface topography. Alternative optical methods are now available,  
54 and used, for scleral lens fitting, but ocular impression-taking remains a vital component of the clinician's toolkit,  
55 and will also provide information over a larger scleral area. Ocular impression taking is also relatively inexpensive,  
56 can be used outside of the clinical office room, and are reproducible<sup>1,2</sup>. To our knowledge, no studies have been  
57 published that report on the effect of impression taking on the ocular surface, in a comparison between two  
58 established impression materials.

59

60 The characteristics of the 'ideal' ocular impression material include: minimal deleterious effects on the anterior  
61 ocular surface (AOS) or exposed ocular adnexa by the material; no lasting discomfort after the procedure (topical  
62 anaesthetic blocks the sensory corneal nerves during the procedure); high accuracy - the acceptable magnitude of  
63 error in impression taking is determined by its desired application, e.g. gas permeable contact lens manufacturing  
64 requires high accuracy ( $\pm 0.05\text{mm}$ ) to match the manufacturing tolerances of BS/EN/ISO/18369-2:2012<sup>3</sup>; excellent  
65 dimensional stability to ensure the material is not deformed by plaster pouring, or degraded by environmental  
66 conditions or physical manipulation; good flow characteristics and reasonable in-eye working time to allow  
67 sufficient time for the material to be applied to the impression tray and inserted without setting; rapid curing or  
68 setting time to reduce the amount of time required to maintain the material against the eye, thereby reducing  
69 artefacts incurred by random eye movements; and, excellent compatibility with gypsum dental stone (some  
70 impression materials are known to cause chemical degradation of the gypsum cast surface).

71

72 Cold, irreversible hydrocolloids or alginates (e.g. Orthoprint<sup>TM</sup>, Zhermack SpA, Italy), which have been used for  
73 ocular impressions since the introduction of Ophthalmic Moldite<sup>4</sup>, exhibit poor dimensional stability and poor tear

74 strengths, leading to inaccurate casts and the need for multiple impression-taking procedures<sup>5,6</sup>. The impressions  
75 formed are affected by: (1) the level of airflow around the impression, which causes evaporation of water from  
76 the gel, resulting in shrinkage; (2) by water, which causes the gel to expand by imbibition and absorption; (3) by  
77 high relative humidity, which induces syneresis and shrinkage; and (4) by in-organic salts, which affect the gel and  
78 cause physical changes that are dependent on their osmotic potential<sup>7</sup>.

79

80 Orthoprint (Zhermack SpA, Italy) is a yellow, dust-free, alginate, irreversible, hydrocolloid impression material,  
81 which conforms to BS/EN/ISO/21563:2013<sup>8</sup>, with origins in dental practice (Table 1). It provides good surface  
82 detail<sup>9</sup>, is easy to use and mix, is cheap and has a long shelf-life, numbered in years<sup>7</sup>. The setting time can be  
83 controlled with water temperature and, as a gel, it is non-toxic and non-irritant<sup>10</sup>. However, it has relatively poor  
84 dimensional stability, compared with elastomers, and a low tear energy<sup>11</sup>. It is incompatible with Type 1 or 2  
85 gypsum plaster<sup>12,13</sup>, reacts to humidity, and has a very short on-eye setting time (45 secs). The mixing process is  
86 messy and dependent on operator handling. Automated mechanical mixing has been shown to increase speed  
87 and quality of alginate sol, eliminating casting imperfections<sup>14</sup>. For these reasons, the use of alginate for ocular  
88 impression-taking has been superseded by silicone rubber-based materials.

89

90 Polyvinylsiloxane polymers appear to allow reproduction of the greatest detail of all dental impression  
91 materials<sup>15</sup>. Indeed, the material provides sufficient detail to identify individuals by fingerprint analysis<sup>16</sup>. This  
92 level of accuracy is defined by BS/EN/ISO/4823:2015<sup>17</sup>, which requires that all Type 3, light-bodied, elastomeric  
93 materials be able to reproduce a line 0.02mm in width. In addition, these materials have been found to have very  
94 low shrinkage (0.05-0.1%), during the polymerising process<sup>18</sup>, and are well-matched to the setting expansion of  
95 Type 4 gypsum plaster, which is used to cast the impression<sup>19</sup>.

96

97 Tresident™ (Shütz Dental Group GmbH, Germany) is a low viscosity, addition-polymerising, polyvinylsiloxane  
98 precision impression material with hydrophilic properties, which conforms to BS/EN/ISO/4823:2015<sup>17</sup> (Table 1). It  
99 is supplied in an auto-mix dual-cartridge, which requires a dispensing gun to automatically mix and advance equal

100 quantities of each siloxane-based component through a purpose-designed mixing cannula (Injector DS 50, Dreve  
101 Otoplastik GmbH, Germany). Tresident provides a working time of 1 min 15 secs, with a setting time of 2 mins 45  
102 secs, giving a total setting time of 4 mins. During the setting time, the impression tray and material must be held  
103 against the ocular surface under gentle pressure. Plaster casts can be produced from the moulds, and can be  
104 poured from 1 hr to 14 days after the procedure. Further casts can be produced from each Impression, which are  
105 as accurate as the original, for up to 7 days<sup>20</sup>, but to do so the impression material must be kept in a dry place at  
106 18-25°C. Re-heating the impression to 37°C before pouring the plaster has been shown to improve accuracy of  
107 casting. However, it is doubtful if this is clinically significant<sup>21</sup>.

108  
109 The two components of the material are a polymethyl-hydrogen-siloxane copolymer of moderately low molecular  
110 mass, which contains silane terminal groups, and an accelerator material of a similar molecular weight, which  
111 contains vinyl-terminated polydimethyl siloxane. When mixed, the silane and vinyl groups react, catalysed by  
112 chloroplatinic acid (a homogenous, metal complex catalyst). The cross-linking that occurs during the  
113 polymerisation process causes minimal dimensional change and there are no by-products<sup>22</sup>. Both components  
114 contain fillers, amorphous silica and a low molecular weight retarder to delay the onset of polymerisation.  
115 Additionally, the base component has an emulsifying surfactant that improves the wettability of the impression.  
116 Colouring agents are added to distinguish between the two pastes and aid the evaluation of mixing process.

117  
118 Polyvinylsiloxane materials have been found to have good long-term dimensional stability (up to 2 weeks), are not  
119 susceptible to changes in humidity, and do not undergo further chemical reactions or release by-products<sup>15</sup>. Tests  
120 carried out on intact rabbit skin concluded that the primary skin irritation of polyvinylsiloxane can be considered  
121 negligible<sup>23</sup>. For these reasons, it is considered a superior alternative to the irreversible hydrocolloids. Sydiskis and  
122 Gerhardt (1993)<sup>24</sup> also showed that while both polyvinylsiloxane and irreversible hydrocolloid materials have a  
123 cytotoxic effect on cell culture, the risk of producing an adverse reaction is low. However, the effects of the  
124 material on the tear film and adnexa, although considered clinically acceptable, have not previously been  
125 reported.

126 This study used a single-blind, randomised control trial to assess the efficacy and effect on clinical signs of a  
127 polyvinylsiloxane (Tresident) compared to an irreversible hydrocolloid (Orthoprint) for ocular impression taking.  
128 The hypotheses proposed are that: (1) Tresident offers a quicker, more effective and clinically viable method of  
129 obtaining ocular impression topography compared to the traditional Orthoprint; and (2) Orthoprint causes  
130 significantly more superficial punctuate staining of the corneal epithelium than Tresident.

131

### 132 ***Materials and Methods***

133 Twenty subjects were included in the study, (13 female and 7 male), mean age was  $31.1 \pm 4.6$  years [SD] (range  
134 25.8-39.7). Volunteers were recruited from staff and students of Cardiff University, and subjects were excluded if  
135 they were pregnant or breastfeeding; had any ocular or systemic condition known to affect the structure or  
136 characteristics of the AOS; were taking any medication known to affect the ocular surface; had worn rigid contact  
137 lenses in the preceding 6 weeks or soft contact lenses in the preceding 2 weeks. Ethical approval was sought and  
138 granted in accordance with the Tenets of the Declaration of Helsinki (2004) from the Cardiff School of Optometry  
139 and Vision Sciences Human Research Ethics Committee.

140

141 Subjects attended for 2 sessions, each of 1 hr duration, on 2 separate days. Each session was scheduled at the  
142 same time on each day. Two experienced practitioners carried out the study: one performed the ocular  
143 impression procedures (Investigator 1), and the other observed and assessed the clinical signs (Investigator 2).  
144 The practitioners carried out their investigations in separate rooms without any knowledge of the other's results.  
145 Each subject was randomly assigned to receive an ocular impression in one eye, using one of the two impression  
146 material, by a study administrator. Investigator 2 was blind to this assignment.

147

### 148 Session 1

149 The subject arrived and was assessed by Investigator 2 for suitability and baseline clinical assessment  
150 measurements. Both eyes were assessed, but the data analysed only for the eye assigned for treatment.

151 1. Best-corrected LogMAR distance acuity (Sussex Vision International Ltd, West Sussex, UK) at 3m direct viewing.  
152 Visual acuity was obtained by assigning 0.02 LogMAR units to each letter.

153 2. Instillation of fluorescein, using Fluoret strips (Chauvin, France) (each strip impregnated with approximately  
154 1mg of fluorescein sodium BP) moistened with 0.9% physiological saline, to assess invasive tear break-up time.  
155 The subject was asked to blink and then hold their eye open as long as possible. The measurement was taken in  
156 seconds between the blink and the first appearance of a discontinuity in tear film coverage. Three values were  
157 recorded for each eye and the median used for comparison.

158 3. Tear break-up time using Tearscope Plus™ (Keeler Ltd, Windsor, UK), with fine grid insert. The measurement  
159 was taken in seconds between the blink and the first appearance of a discontinuity in tear film coverage. Three  
160 values were recorded for each eye and the median used for comparison.

161 4. Assessment of ocular integrity using CCLRU grading scales (Brian Holden Vision Institute (BHVI)), interpolated to  
162 0.1 unit increments<sup>25</sup>: bulbar redness; limbal redness; lid redness; lid roughness; type, extent and depth of corneal  
163 staining with fluorescein.

164

165 Ocular impression was then performed in a separate room, where Investigator 1 carried out an impression  
166 procedure to one ocular surface (randomly-assigned) using one of the two materials. After impression taking, and  
167 saline wash-out to remove excess material, the subject returned to the room of Investigator 2 who repeated the  
168 clinical tests as above.

169

## 170 Session 2

171 When the subject arrived, Investigator 2 repeated the clinical tests carried out the day before, followed by  
172 Investigator 1 taking an ocular impression with the alternative material to a randomly-assigned eye. Investigator 2  
173 repeated the clinical tests following a saline wash-out, post-impression procedure.

174

175 *Ocular impression procedure*

176 Each subject was positioned sitting upright and facing forward. A distant target was provided to align the visual  
177 axes, using the contralateral eye for fixation. The ocular surfaces of both eyes were anaesthetised with 0.5%  
178 Proxymetacaine HCL Minims eye drops (Chauvin, Kingston-upon-Thames, UK), and the procedure carefully  
179 explained to the subject. An impression tray was chosen from the set of 3 sizes, of maximum internal shell  
180 diameter 23, 24 or 25mm (Cantor and Nissel Ltd, Brackley, UK). These trays are moulded from acrylic with hollow  
181 stems, 32mm in length, marked with red circular indentations providing an anatomical registration at the 12  
182 o'clock position (in relation to the cornea). The tray was selected by presenting the 3 sizes to the closed eye and  
183 choosing the largest in relation to the aperture and the global contour. Impression material was dispensed onto  
184 the internal surface of the shell covering the entire surface with 1.5-2.5mm<sup>26</sup> of either Tresident or Orthoprint  
185 (Figure 1).

186

187 The subject was instructed to 'look down' whilst remaining in the head upright position. The tray was inserted  
188 quickly under the top eyelid, and the subject was asked to 'look up' in order for the lower lid to be freed and the  
189 shell held between both eyelids. The tray was carefully positioned to locate the cornea at the centre of the shell;  
190 the investigator supported the stem and ensured that the subject maintained composure and optimal fixation  
191 (Figure 2).

192

193 After setting of the material, the tray and impression was removed by freeing the lashes of the upper lid and  
194 removing the material from the eye surface in one piece. Any material remnants were collected and the fornices  
195 irrigated with 0.9% buffered saline.

196

### 197 *Statistical analysis*

198 All data was collated with Excel 2007 (Microsoft, WA, US), and analysed within SPSS v13 (IBM, NY, US). The data  
199 distribution was evaluated for normality using the Kolmogorov-Smirnov statistical test. Comparisons were made  
200 of clinical signs assessed before and after each impression procedure, and paired t-tests used to determine  
201 statistical significance at the 95% level.



202

203 **Results**

204 A summary of the results is shown in Table 2. LogMAR acuity was found to be slightly reduced by 0.5 letters, on  
205 average, following impression using either material, but this was not statistically significant.

206

207 TBUT was found to be reduced following impression-taking with both materials, but was not clinically significant.

208 Mean TBUT was  $7.16 \pm 1.40$  secs pre- and  $6.68 \pm 1.27$  secs post-Tresident impression, with a difference of -

209  $0.87 \pm 2.61$  secs, which was not statistically significant ( $p=0.383$ ). Mean TBUT was  $7.42 \pm 1.55$  secs pre- and

210  $6.61 \pm 1.33$  secs post-Orthoprint impression, giving a larger difference of  $-1.28 \pm 2.03$  secs, but which did not reach

211 statistical significance ( $p=0.094$ ).

212

213 Ocular redness was found to increase following impression taking, with both impression materials. Bulbar redness

214 increased following impression-taking with Tresident by  $+0.64 \pm 0.58$  units ( $p<0.001$ ), with a substantially greater

215 change in redness observed following the use of Orthoprint  $+1.12 \pm 0.42$  units ( $p<0.001$ ). A statistical difference

216 was found between the numerical values assigned to bulbar redness after Orthoprint compared to Tresident

217 ( $p=0.0231$ ). Similarly, limbal redness increased following impression-taking,  $+0.70 \pm 0.31$  units ( $p<0.005$ ) after

218 Tresident use and  $+1.05 \pm 0.28$  units ( $p<0.005$ ) after Orthoprint. However, the mean difference between changes in

219 limbal redness when comparing the two materials was not statistically significant ( $p=0.072$ ). There was a small

220 change in lid redness recorded after impression-taking. For Tresident this was  $0.17 \pm 0.32$  units, which was

221 statistically significant ( $p<0.05$ ). However, the change was smaller after Orthoprint use ( $0.07 \pm 0.35$  units) and was

222 not statistically significant ( $p=0.487$ ).

223

224 The clinical grading of lid roughness was found to increase following impression-taking with Tresident ( $0.03 \pm 0.25$

225 CCLRU units), but this was not statistically significant ( $p=0.459$ ). Orthoprint had no detectable effect on lid

226 roughness.

227

228 Corneal staining with fluorescein was recorded following impression-taking with both materials. Staining type was  
229 micro-punctate and superficial after Orthoprint;  $0.13 \pm 0.34$  grade units ( $p=0.341$ ), but tended to be macro-  
230 punctate after Tresident;  $0.53 \pm 0.41$  grade units ( $p=0.167$ ). However, these changes were not statistically  
231 significant.

232

233 The extent of staining was found to increase substantially after Orthoprint impression to  $2.33 \pm 0.46$  grade units  
234 ( $p<0.001$ ). These measurements indicate that, on average, 22% of the corneal surface (range 15-45%) was  
235 covered by staining. The recorded increase in extent of staining after Tresident was small ( $0.49 \pm 0.65$  grade units),  
236 was not statistically significant ( $p=0.209$ ) and the surface area stained was, on average, only 10% (range 1-22%).  
237 Changes in the depth of staining were found to be small ( $0.31 \pm 0.40$  grade units after Orthoprint,  $0.37 \pm 0.47$  grade  
238 units after Tresident), which were statistically significant for Orthoprint,  $p<0.05$ , but not for Tresident ( $p=0.219$ ).

239

#### 240 *Clinical summary*

241 Visual acuity was unaffected by either material (clinically significant criterion Test-retest  $\pm 2.4$  letters)<sup>27</sup>. TBUT  
242 was marginally disrupted by both materials, but was not clinically significant according to published criteria)<sup>28</sup>.  
243 Bulbar redness increased with both materials. Orthoprint induced a clinically significant hyperaemic response in  
244 over half of the cohort, i.e.  $>2.6$  CCLRU grade units<sup>29,30</sup>, while Tresident was associated with increased bulbar  
245 redness within clinically acceptable limits. Both materials increased limbal redness, but this was within clinically  
246 acceptable limits ( $<2.4$  CCLRU grade units<sup>30</sup>). Corneal staining was significantly greater after Orthoprint impression  
247 (clinically significant criterion  $>0.5$  grade units)<sup>31</sup>. Orthoprint produced micro-punctate staining (type) over 15-  
248 45% (extent) of the cornea, fluorescein penetrated the superficial epithelium. Tresident produced macro-  
249 punctate staining (type) over 1-22% (extent) of the cornea, fluorescein penetrated the superficial epithelium.

250

#### 251 **Discussion**

252 For the first time using clinical grading scales, the effects of Orthoprint and Tresident have been evaluated to  
253 determine the ocular surface disruption following ocular impression procedures, providing evidence to allow

254 practitioners to make an informed choice when deciding which material to use. The results from this study  
255 support the use of Tresident as the clinically safer impression material. It also requires less preparation time than  
256 Orthoprint. The use of Orthoprint was found to be associated with clinically significant (although superficial),  
257 micro-punctate staining of the corneal epithelium, leading to an increased bulbar hyperaemia response. In  
258 contrast, following the use of Tresident, ocular signs were within normal limits, with minimal corneal staining.

259

260 After the use of Orthoprint, 7 subjects reported a foreign body sensation accompanied by a slightly red eye, which  
261 persisted for up to 24 hrs after the procedure. These subjects were monitored carefully, provided with ocular  
262 lubricants and all symptoms resolved spontaneously. Inflammatory signs were not observed on the tarsal  
263 conjunctiva or the dermis of the lids, although both areas were also in contact with Orthoprint during the  
264 procedure. This, coupled with the hyperaemia response, suggests that there may be some toxicity response from  
265 the AOS. This could be due to: poor mixing of the alginate resulting in one or a combination of the chemical  
266 constituents causing damage to epithelial cell integrity. In particular, potassium fluorotitanate (chemical modifier)  
267 is listed as a hazardous component on the Orthoprint data safety sheet. Between 1-3% of the impression mix is  
268 made up of this chemical, and, if in contact with eyes, it advises to wash immediately with water for at least 10  
269 mins. This effect might be prolonged if a chemical residue was left on the AOS after the gel was formed, which  
270 was not removed by irrigation.

271

272 It is commonly accepted that fluorescein staining of the cornea represents compromised epithelial integrity<sup>32</sup>. A  
273 red eye, accompanied by corneal staining, is intuitively taken as an unhealthy ocular situation and good practice  
274 advocates monitoring for signs of deterioration and treatment if necessary. In this study, a clinically significant  
275 increase in staining was observed after Orthoprint, but not Tresident (Dundas et al.,2001<sup>31</sup> suggests that a score  
276 of >0.5 should be considered unusual). Damage to corneal integrity caused by one, or a multitude of factors,  
277 during ocular impression-taking requires careful monitoring and consideration given that any denudation of  
278 epithelium increases the risk of infection<sup>33</sup>. A number of factors may have contributed to the superficial staining  
279 observed on the cornea.

280

281 The use of anaesthetic prior to ocular impression-taking may have contributed to the corneal staining – 0.5%  
282 Proxymetacaine HCl has been associated with increased corneal permeability to fluorescein<sup>31</sup>. However, this was  
283 applied equally for both impression methods, so it may be assumed that the differences in staining observed  
284 between the methods is a true difference.

285

286 The mechanism for observing corneal staining is typically to use surface fluorescein pooling or ingress around  
287 epithelial cells<sup>32</sup>. However, surface toxicity cannot be adequately explained in this manner. If Orthoprint does  
288 indeed cause a chemical interaction with tear mucins or membranes of the corneal and conjunctival epithelial  
289 cells, then fluorescein may be staining the affected cell complexes. Thus, the increased sensitivity reported by  
290 subjects after Orthoprint may be a result of the 'toxic' interaction that remains until the surface cells are sloughed  
291 off. The initial increased cell permeability by proxymetacaine anaesthesia may encourage the acute inflammatory  
292 response and increase subsequent corneal staining observed.

293

294 This effect may be emphasised by increased permeability of the cornea. Physical contact between the ocular  
295 surface and the setting alginate medium may cause the removal of multiple epithelial cells, allowing chemical  
296 contamination of the deeper layers of the epithelium. In addition, anaesthetic instillation can cause reduced  
297 corneal sensitivity, reduced blink frequency and can precipitate abnormal drying of the AOS<sup>35</sup>, encouraging  
298 adherence of the impression material to the epithelium. Toxic interactions between anaesthetic and corneal  
299 epithelial cells have been found to cause loss or damage to surface microvilli and deposition onto the cell  
300 membranes<sup>36</sup>.

301

302 Average bulbar redness using CCLRU scales in the normal population is reported to be 1.93 units, with scores of  
303 2.6 units considered abnormal<sup>29</sup>. Eleven subjects had scores greater than this following the use of Orthoprint,  
304 with an average score of 3.14±0.37 grade units (range 2.7-3.8). This constitutes an abnormal level of hyperaemia

305 in over half the study cohort. In contrast, after using Tresident, only six subjects had scores above normal, with an  
306 average of  $3.31 \pm 0.41$  units (range 2.8 - 3.8).

307

308 The irritation of ocular tissues by irreversible hydrocolloids has been studied on white, adult, New Zealand rabbit  
309 eyes<sup>37</sup> and clinical observations in human eyes found a range of responses to the material, ranging from slight  
310 dehydration and irritation of the tissues to transient corneal abrasions<sup>6</sup>. Ocularists described capillary dilation,  
311 tissue oedema and prolific tearing. The study concluded that the impression material, similar in formulation to  
312 Orthoprint, elicited a significant, acute, inflammatory response in the rabbit conjunctiva on histological  
313 examination. The authors attributed the tissue insult to the granular alginate material rubbing against the corneal  
314 and conjunctival tissue interface, concurrent with blinking and eye movement. Additionally, they speculated, as in  
315 this study, that the chemical setting aids (bimetallic fluorides) may have had a toxic effect on the ocular tissues.  
316 The effects of the inflammatory response lasted 24-72 hours, leaving no permanent tissue damage<sup>37</sup>.

317

### 318 **Conclusion**

319 The use of Orthoprint during ocular impression-taking caused an abnormal hyperaemic response to the bulbar  
320 conjunctiva, accompanied by significant superficial corneal staining. This may be attributed to a toxic reaction  
321 between the material and the eye surface, exacerbated by mechanical abrasion caused by eyelid movement and  
322 granular material apposition. However, further investigation would be necessary to establish the exact nature of  
323 this interaction.

324

325 Tresident was found to be the impression material of choice. This study observed less redness and clinically  
326 insignificant staining following impression-taking with fewer clinical complications. To manage any clinical  
327 complications from using Tresident, the following advice is given: provide lubricating drops post-impression;  
328 review the ocular surface integrity 24 hrs later; exclude dry eye patients and those with a comprised ocular  
329 surface, where possible; and, consider prophylactic treatment for patients with damaged or impaired ocular  
330 surface function.

331

332 These findings, combined with favourable handling and excellent physical properties, makes Tresident a superior  
333 material for taking ocular impressions.

334

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338

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416 **Titles and legends to figures**

417 Table 1: Properties and characteristics of Orthoprint and Tresident.

	Tresident	Orthoprint
Material type	Silicone elastomer	Alginate
Reaction type	Addition polymerisation	Irreversible hydrocolloid
Components	Base paste: silicone polymer dispersion and reactive species, filler and surfactant to increase hydrophilic properties. Catalyst paste: silicone polymer dispersion and reactive species, catalyst, hydrogen scavenging agent, filler and pigments <sup>20</sup> .	Soluble alginate reacts with calcium sulphate to produce insoluble calcium alginate gel, potassium fluotitanate to counteract interaction with gypsum setting, filler, retarder, pH modifier and glycol to reduce dust <sup>35</sup> .
Smell	None	Vanilla odour and flavour
Detail reproduction	Reproduce lines <0.020mm Unknown effect of pH	Reproduce lines <0.75mm. Improved in alkaline pH <sup>36</sup>
Linear dimensional change	<1.5%	Variable with temperature and humidity
Elastic recovery	>99%	97.3%
Deformation	1.3-5.6%	11%
Tear strength	High 1640-5260g/cm	Low 380-700g/cm
Clinical history	First used Britain 1977: Ann Arnold-Silk <sup>4</sup>	First used America 1943: Theodore Obrig <sup>37</sup>
Mixing technique	Dual chamber cartridge using proprietary mixing canula and dispensing gun	By hand using rubber bowl and metal spatula. De-ionised water added to powder
Quantities	Quantities of each paste predetermined by means of cartridge and dispensing system	9g powder to 18ml water
Working time	1 min 15 secs	1 min 5 secs
On-eye time	2 mins 45 secs	45 secs
Setting time	4 mins	1 min 50 secs
Gypsum die pouring	After 1 hr, up to 14 days with no special conditions	Immediately or up to 48 hrs later if stored in hermetically sealed bag at 23°C
Number of casts	Up to 7	1
Environmental effects	0.2-1% shrinkage after 24 hrs. Higher temp reduces setting time, unaffected by humidity	Cold water retards setting time, shrinks up to 1.28% after 24 hrs if not stored at high humidity <sup>38</sup>

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420 Table 2: Statistical comparisons of clinical outcomes between Tresident and Orthoprint.

Clinical Outcome	Mean differences in measurements pre- and post-impersion procedure (mean±SD)		Statistical significance		
	Tresident	Orthoprint	Tresident pre- vs post-	Orthoprint pre- vs post-	Tresident vs Orthoprint
LogMAR acuity (Log Units)	-0.01±0.13	-0.01±0.21	p=0.414	p=0.082	p=0.593
Phenol red test (mm)	+5.06±6.22	+5.76±5.81	p=0.308	p<0.05	p=0.829
TBUT (secs)	-0.87±2.61	-1.28±2.03	p=0.383	p=0.094	p=0.265
Bulbar Redness (CCLRU units)	+0.64±0.58	+1.12±0.42	p<0.001	p<0.001	p<0.05
Limbal Redness (CCLRU units)	+0.70±0.31	+1.05±0.28	p<0.005	p<0.005	p=0.072
Lid Redness (CCLRU units)	+0.17±0.32	+0.07±0.35	p<0.05	p=0.157	p=0.487
Lid Roughness (CCLRU units)	+0.03±0.25	+0.00±0.40	p=0.459	p=1.00	p=0.506
Type of corneal staining (CCLRU units)	+0.53±0.41	+0.13±0.34	p=0.167	p=0.341	p=0.176
Extent of corneal staining (CCLRU units)	+0.49±0.65	+2.33±0.46	p=0.209	p<0.001	p<0.005
Depth of corneal staining (CCLRU units)	+0.37±0.47	+0.31±0.40	p=0.219	p<0.05	p=0.566

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423 Figure 1: 25mm diameter impression tray holding Tresident material prior to insertion.

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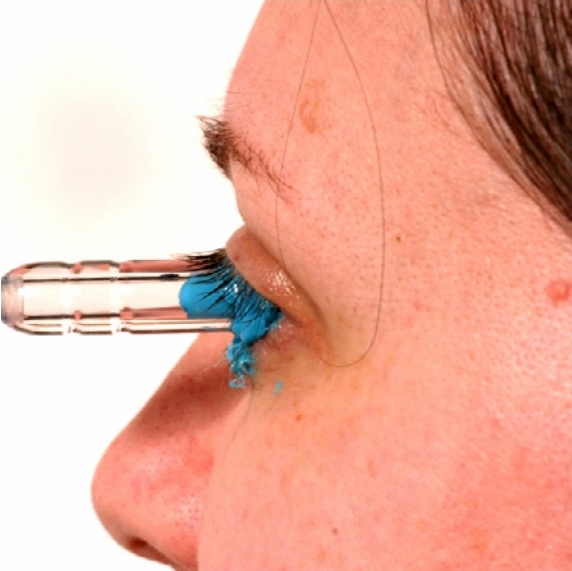


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427 Figure 2: Position of tray and Tresident during impression procedure.

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